

Medora Athletics Handbook

Medora Community Schools

Medora Athletic Council

Principal

Athletic Director

Boys Varsity Basketball Coach

Girls Varsity Basketball Coach

Girls Varsity Volleyball Coach

Preface

The athletic handbook has been adopted to provide consistency in administering policies and procedures relating to Medora Community Schools sports programs. This handbook is intended to help athletes, coaches and parents better understand the athletic policies and procedures at Medora Community Schools. The Athletic Handbook is revised in the spring of each school year.

Statement of Philosophy

Welcome parents and student-athletes of Medora Community Schools. The athletic council believes that interscholastic athletics are an integral part of the school's curriculum. We believe that participation in a sound athletic program contributes to the development of health, physical skills, emotional maturity, social competence, moral values and self-discipline. We encourage each of our student-athletes to take from athletics all it might have to offer as an individual; but the rewards received from an athletic program correlate directly with what the athlete is willing to give of himself/herself to the program. We hope that all of our athletes will find the Medora Athletic program a totally rewarding experience.

IHSAA Eligibility

1. Physical Exams: Each participant must have the Indiana High School Athletic Association Student/Parents/Physician Certificate on file with the athletic director before his/her first practice. Any physical received after April 1 will be valid for the entirety of the following school year.
2. Medical Coverage: Student Accident Insurance paid by the parents or a waiver signed by the parents stating that the student is adequately insured must be on file with the Athletic Director before the first practice. The school does not carry medical insurance on athletes. Through school membership in the IHSAA, the athlete is covered by a basic catastrophic policy. If the injured athlete incurs over \$25,000 in medical expenses with one year of injury and a claim is reported in writing to the Athletic Director, the policy is activated. **THE SCHOOL DOES NOT PROVIDE INSURANCE COVERAGE FOR THE ATHLETES.**
3. Age: A student who is or shall be (20) years of age prior to or on the scheduled date of the IHSAA state finals in a sport shall be eligible for interschool athletic competition in that sport; a student who is nineteen (19) years of age on the scheduled date of the IHSAA state finals in a sport shall be eligible as to age for interschool competition in that sport.
4. Enrollment Scholarship: All participants must be bona-fide students. To be eligible scholastically, students must have received passing grades at the end of their last grading period of school for at least seventy percent (70%) of the maximum number of full credits subjects (or the equivalent) that a student can take.
5. Amateurism: All athletes must be amateurs. (Students shall not play under assumed names nor accept money or merchandise, directly or indirectly, for athletic participation.)
6. Outside Participation: A student who participates in an athletic contest of any other similar team during that same season in which the athlete represents his/her school will become ineligible to compete on his/her high school team in that sport.
7. Completion of Season: If an athlete quits or is suspended for disciplinary action, he/she cannot practice for another sport until the final contest of that sport season.
8. Athlete Attendance at Practice: A student-athlete must be in regular attendance at practices in the sport in which they actively participate. Any student missing between 8-14 consecutive practices must complete 2 practices before competing, and any student missing 14+ consecutive practices will need 4 practices before competing. Athletes must have ten (10) consecutive practices prior to the first official contest in order to participate.

Chemical Abuse and Criminal Activity Policy

A. Convicted of a Felony

1st Violation: Expulsion from participating in athletic events for the remainder of the student-athlete's high school career.

B. Illegal Possession, Illegal Use of a Controlled Substance, Narcotic Drug, Tobacco or Alcohol

1st Violation: Suspended from participating in all athletic events for 365 days.

Option: The suspension may be waived to 50% of the contest season contingent upon a professional drug assessment and recommendations for rehabilitation, which must be followed by the student. All concerned parties understand that the student-athlete's re-admission to athletics is dependent upon the student following the recommendations of the assessment agency.

2nd Violation: Expulsion from participating in athletic events for the remainder of the athlete's high school career.

Option: The expulsion may be reduced to a 365 day suspension contingent upon a professional drug assessment and recommendations for rehabilitation, which must be followed by the student. All concerned parties understand that the student-athlete's re-admission to athletics is dependent upon the student following the recommendations of the assessment agency.

3rd Violation: Expulsion from participating in athletic events for the remainder of the student-athlete's high school career.

Individual Sports Rules

Each head coach may establish and enforce additional training rules and conduct rules for his/her respective sport.

Athletic Award System

General Requirements for All Athletic Awards

1. Maintain a proper attitude toward school, coach, team, sport and community.
2. Personal conduct must be above question.
3. Complete the season in good standing.
4. Be recommended by the coach after fulfilling the specific requirements.

Individual Sport Letter Requirements

1. Meet the general requirements of the award system.
2. Participate in 50% of all season games/meets unless excused by the coach for illness or injury.
3. Dress for the sectional.

Varsity Letter Jacket: The student-athlete must earn two (2) letters in one sport or three (3) letters in a combination of sports.

Individual Sport Awards

Cross-Country: Most Valuable Runner, Most Improved Runner, Mental Attitude Award

Basketball: Most Valuable Player, Highest Free-Throw Percentage, Highest Field Goal Percentage, Most Rebounds, Most Assists, Outstanding Defensive Player, Mental Attitude Award, JV Most Improved Player, JV Free Throw Award (Junior High: Most Improved, Mental Attitude, Free Throw)

Golf: Most Valuable Player, Most Improved Player, Mental Attitude Award

Volleyball: Mental Attitude Award, Leading Hitter, Leading Server, Leading Serve Reception, Blocking Award, JV Most Improved Player, JV Mental Attitude (Junior High: Most Improved and Mental Attitude)

Awards Given by the Athletic Department

Scholar Athlete: Athletes who have a 3.5 grade point average or above.

Medora Community Schools is a member of the Indiana High School Athletic Association (IHSAA) and abides by its rules and regulations. This is only a summary of the rules. Additional questions regarding the IHSAA and the Medora Athletic Program should be directed to the Principal, Athletic Director, or members of the coaching staff.

All athletes and their parents or guardians must be aware of the possibility of serious injury when they participate in sports.

It is the policy of Medora Community Schools not to discriminate on the basis of color, race, religion, sex, national origin, age, or handicap.

The below, signed by the student-athlete and the parent/guardian, must be filed in the Athletic Director's office before participation in any sport. This form will be retained on file for the student-athlete's entire school career.

Please sign your name where indicated to acknowledge that you have read the Medora Athletic Handbook and are aware of its contents.

STUDENT

I have read and understand the rules and regulations as stated in the Medora Athletic Handbook. As a student-athlete representing Medora Community Schools, I agree to guide my conduct accordingly.

Student-Athlete Signature _____ Date _____

PARENT/GUARDIAN

As a parent/guardian of the above student-athlete, I have also read and understand the content of the Medora Athletic Handbook. I agree to guide the conduct of my son/daughter to the best of my ability to uphold the rules.

Parent/Guardian Signature _____ Date _____